**Cervical Screening**

**Social media posts:**

Even if you expect everything is fine, don’t ignore your smear test invite. It can help stop cervical cancer before it starts. Find out more: getcheckedearly.org

Two people die in the UK every day from cervical cancer. A smear test could save your life, so don’t ignore your invite. Find out more: getcheckedearly.org

There are lots of things you can do to make a smear test easier for you. Wearing a skirt, booking a double appointment to give you more time, or asking for a smaller speculum are some of the things you could try. Find out more about cervical screening: getcheckedearly.org

Cervical screening is offered to anyone with a cervix aged between 25 and 64 in Scotland. It’s a five-minute test that can help stop cervical cancer before it starts. Don’t ignore your invite. Find out more: getcheckedearly.org

Your smear test is now even more effective as it screens for HPV which causes 99% of cervical cancers but has no symptoms. Find out more about the test at getcheckedearly.org