

# I CHOOSE TO DO IT BECAUSE IT COULD SAVE MY LIFE.

ELAINE, GLASGOW.

Breast screening takes around 10 minutes  
and can pick up tiny cancers that you  
can't see or feel yourself.

All women aged between 50 and 70 are  
invited every three years to get screened.

If you've missed a screening in the last  
two years, or have recently received an  
invite through your letterbox for a time  
or location that doesn't suit you, call  
your local screening centre. Details can  
be found at [getcheckedearly.org](https://www.getcheckedearly.org) or  
speak to your GP practice.

Remember – the earlier breast cancer  
is found, the easier it is to treat.

**DON'T GET SCARED, GET SCREENED.**





# I CHOOSE TO DO IT BECAUSE I WANT TO BE AROUND FOR MY GRANDKIDS.

INA, IRVINE.

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# I CHOOSE TO DO IT BECAUSE IT'S THE REASON I'M HERE TODAY.

MOIRA, ANSTRUTHER.

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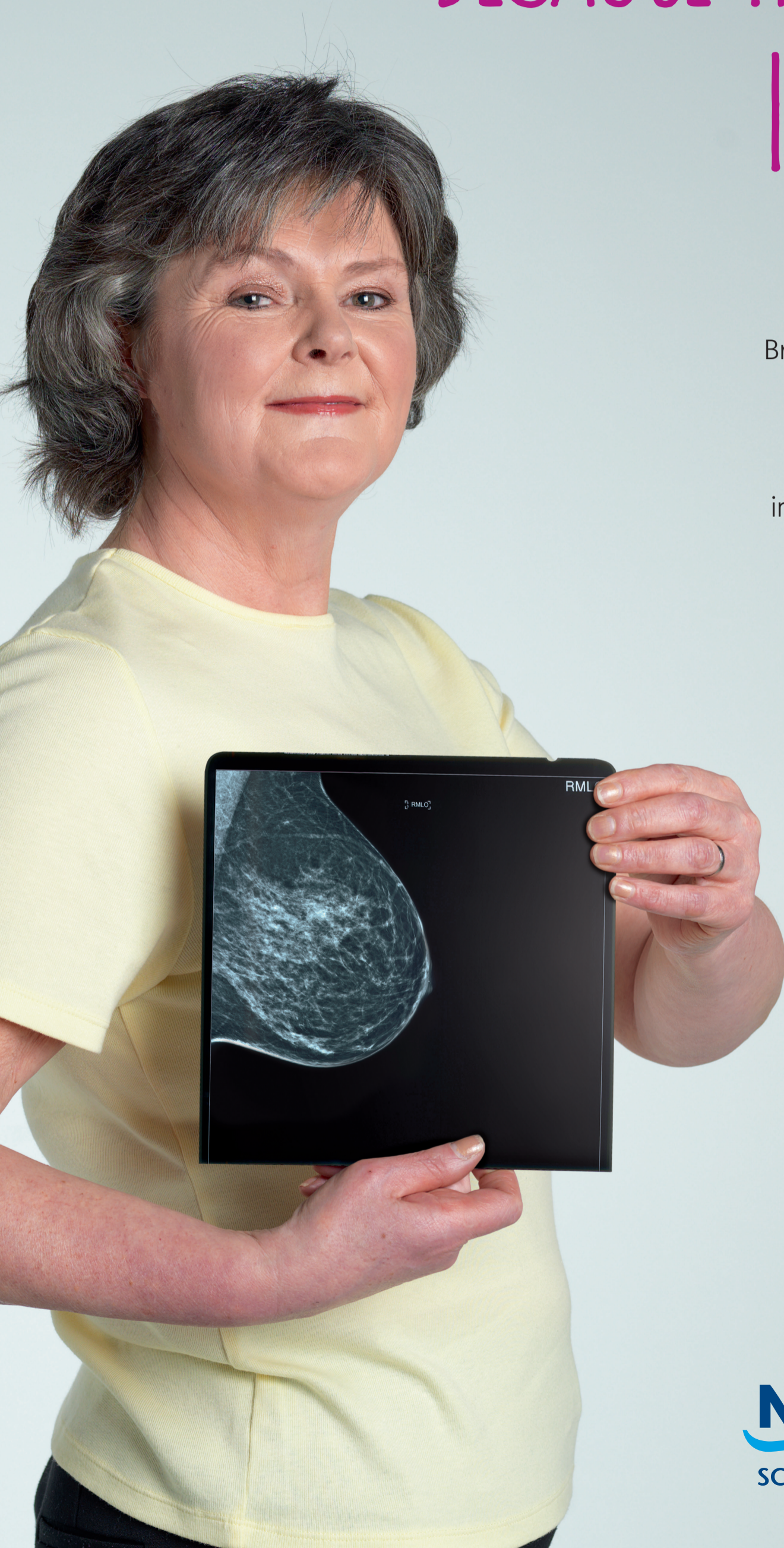
REAY, INVERNESS.

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# I CHOOSE TO DO IT BECAUSE I'M NOT READY TO GO ANYWHERE JUST YET.

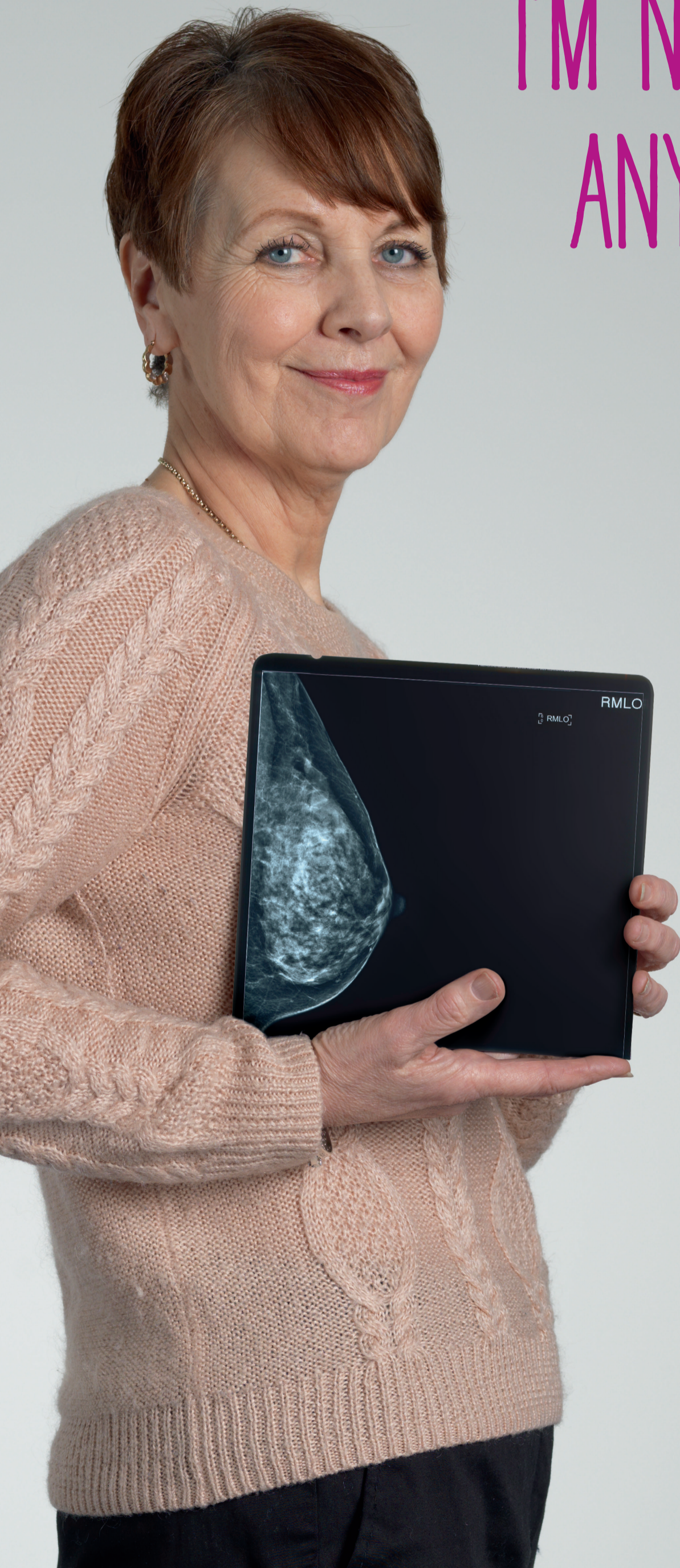
NORENA, PETERHEAD.

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# I CHOOSE TO DO IT BECAUSE IT'S ON MY DOORSTEP AND IT SAVED MY SISTER'S LIFE.

BREEGE, KILMARNOCK.

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# I CHOOSE TO DO IT BECAUSE I KNOW IT'S NOTHING TO BE EMBARRASSED ABOUT.

SAVITA, GLASGOW.

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# I STILL CHOOSE TO DO IT, EVEN AT MY AGE.

MOIRA, CUMBERNAULD.

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# I CHOOSE TO DO IT BECAUSE I'M NOT READY TO GO ANYWHERE JUST YET.

ELIZABETH, STRATHAVEN.

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