

*500,000 Scots have joined*

*the bowel movement.*



**Do yours – it could be a lifesaver.**

The bowel cancer screening test – not the most pleasant thing in the world. But it's the best way to catch it early and, if you do, you're 14 times more likely to survive. So if you're aged between 50 and 74, do your test and join the bowel movement.

Visit [getcheckedearly.org](http://getcheckedearly.org) or call 0800 0121 833



**healthier  
scotland**  
SCOTTISH GOVERNMENT